Health and support in Poole

If you are moving to the wonderful area of Poole, visiting friends and relatives or on holiday there may be an occasion that you need to visit a local dentist or doctor, find an out of hours pharmacy or hire a mobility scooter for a few days. We hope the information on this page can help guide you in the right direction.

Phoning 111 should be the first place you start with if you have a health issue and you are unsure about what to do. This is a 24 hour helpline for everyone and is available 7 days a week. There are numerous doctor's surgeries throughout the area but you can find the nearest one to you in Poole here. If you need a pharmacy then you can find your nearest boots which is open daily including Saturday and Sunday. If you need one that is a little nearer to where you are then look at the NHS find a pharmacy website.

<u>Poole Hospital</u> is the main hospital, it has a 24-hour major accident and emergency department and is a trauma unit for east Dorset. They consistently feature within the top twenty per cent in national patient surveys.

If it's a dentist you require then take a look at the <u>NHS website</u> to find your nearest practice, or ring <u>111</u> if it is an emergency and you do not have a local dentist.

Accessibility and wheelchair hire

Our beautiful beaches are accessible to all and for easier access onto the sand we have 5 beach-going wheelchairs, 3 of which can be used in the sea. We do not offer a booking service so you can use them on a first come, first served basis. Please visit our Sandbanks office or Branksome Chine offices from 9.30am to 4.30pm from May to September. We do require a £50 cash deposit.

Fancy a spot of shopping then don't worry, Poole has a <u>Shopmobility service</u>. In the neighbouring town of Bournemouth, units can be found at the <u>Sovereign Centre</u> in Boscombe and <u>Castlepoint Shopping Centre</u> in Castle Lane. These vital services are available to anyone, no matter what their mobility impairment is. It can be temporary or permanent, caused by illness, pregnancy, accident or age.

If you have a mobility problem and need equipment then take a look at our <u>accessibility page</u> where we have listed a variety of companies that offer equipment, everything from electric scooters to manual wheelchairs and both long and short loans are available.

Please take a look at the <u>official government website</u> if you require up to date information on coronavirus.